

GRIPA Population Health Program is a FREE, confidential program offered to all Monroe County employees/retirees and their dependents who have County medical insurance.

GRIPA offers high quality, coordinated care services from a team of physicians and advanced trained clinicians including nurses, pharmacists, social workers, and certified diabetes educators.



GRIPA can help you:

- Save money on your prescription medications. Members who contact GRIPA save about \$200/year on average.
- Help you find a provider if you need one.
- Learn more about your chronic conditions such as diabetes, high cholesterol, and high blood pressure to help you be as healthy as possible.

How to contact GRIPA

Phone: (585) 922-1520

Email: gripa.medical@rochesterregional.org

Web: gripa.org