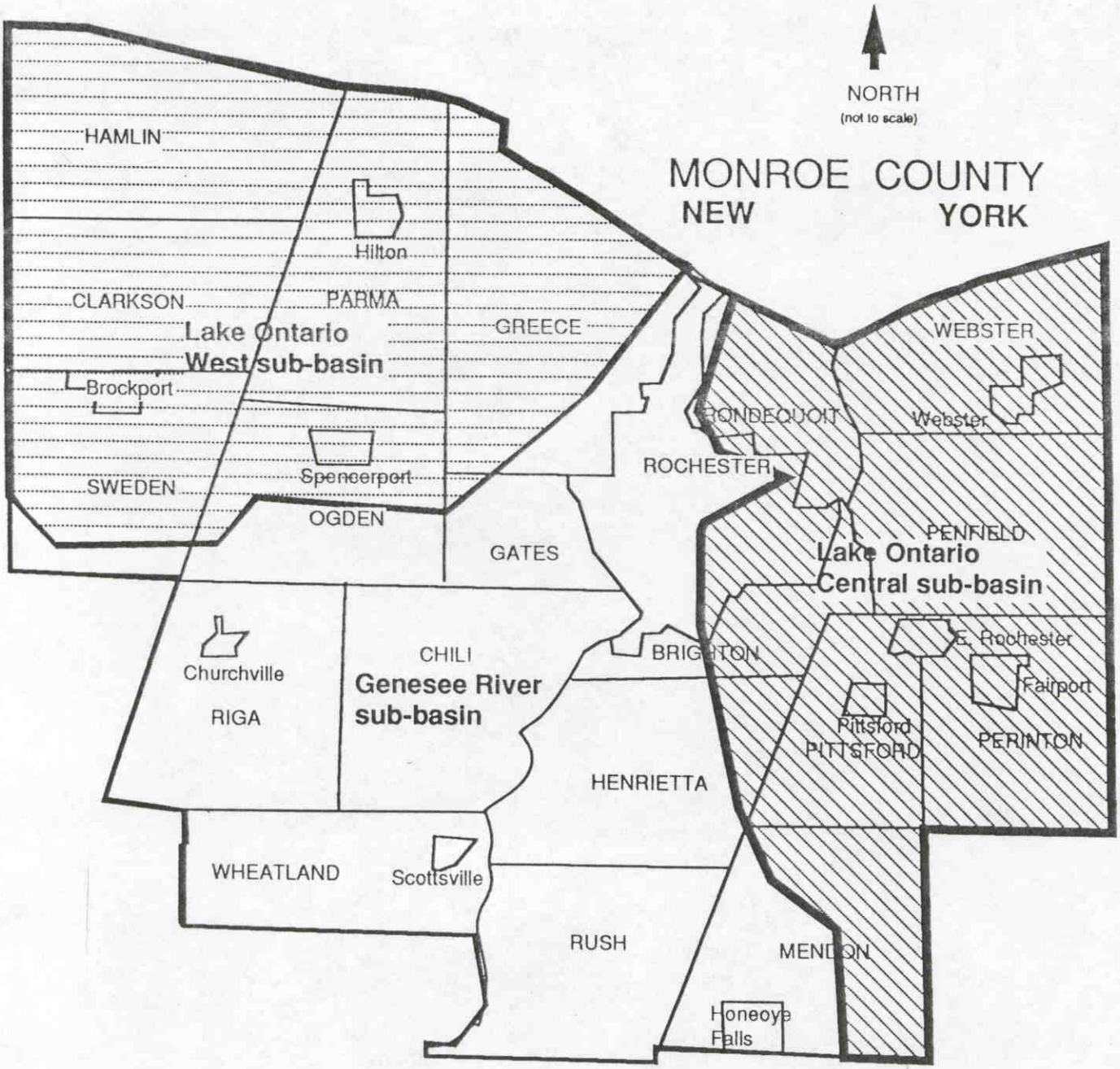Rochester Embayment